




January 2019



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|--|--|--|---|----------|
| | | 1  | 2 Chicken Tenders Potato Smiles Baked Beans Pears | 3 Philly Steak Sweet Potato Fries Peppers & Onions Peaches | 4 Pepperoni Pizza Salad Apple | 5 |
| 6 | 7 Sloppy Joe Chips Carrots & Dip Cheese Stick Pineapple | 8 Chicken Fajita Spanish Rice Peppers & Onions Salsa Pears | 9 French Toast Yogurt Strawberries Sausage Juice | 10 Grilled Chicken Asian Rice Cali Blend Mandarin Oranges | 11 Stuffed Crust Pizza Marinara Sauce Salad Applesauce | 12 |
| 13 | 14 Grilled Cheese Tomato Soup Goldfish Crackers Tropical Fruit | 15 Turkey Pot Pie in a Bread Bowl Salad Peaches | 16 Asian Bowl Brown Rice Stir Fry Veggies Mandarin Oranges Fortune Cookie | 17 Hamburger on a Bun Baked Beans Oranges | 18 Calzone Green Beans Grapes Noon Release | 19 |
| 20 | 21 Beef Stew over Brown Rice Broccoli Dinner Roll Pears | 22 Popcorn Chicken Bowl Dinner Roll Applesauce | 23 Chicken Nuggets Wedge Fries Strawberries | 24 Chili Crackers Cheese Stick Grapes Noon Release | 25 Pepperoni Pizza Salad Apple | 26 |
| 27 | 28 Corn Dog Crinkle Fries Tropical Fruit | 29 Chicken Parmesan Carrots Garlic Bread Peaches | 30 Meatballs & Gravy Mashed Potatoes Peas & Carrots Dinner Roll Pears | 31 Tacos Black Bean Salsa Corn Grapes | | |